



HHHS is committed to recruiting and maintaining first rate registered volunteers who provide essential services in our community and support our clients and patients and staff throughout Haliburton County.

HHHS will achieve this standard by screening their volunteers, by providing ongoing training, by having a friendly, accessible, and responsive volunteer program, and staff that appreciate and understand the value of their volunteer coworkers.

There are numerous opportunities at HHHS to share your passion, your skills and your kind heart.

Let us help you find your perfect Volunteer Opportunity

*Volunteer Services
705 457 1392 ext 2927
volunteering@hhhs.ca*

www.hhhs.ca



MEALS ON WHEELS VOLUNTEERS



A MEALS ON WHEELS VOLUNTEER IS:

- . Friendly**
- . Social**
- . Caring**
- . Patient**
- . Physically fit**

HHHS Volunteer Opportunity

WHAT'S INVOLVED?

- Being organized
- Some heavy lifting
- Going into clients homes
- Going in and out of vehicle multiple times.
- Driving Agency Van

EXPECTED DUTIES

- Loading coolers into vehicle.
- Following outlined route to deliver door to door.
- Put meal order in client's freezer if required.
- Try not to rush delivery too much - the visit is often just as important as the food.
- Report volunteer hours to the agency.

BENEFITS OF VOLUNTEERING

- Making a direct, positive difference in a client's life.
- Opportunity to give back to the community.
- Opportunity to feel good about yourself and what you are doing.
- Get to know others in the community.
- Opportunity to attend training sessions such as CPR/First Aid.
- Learn new skills.
- Attend volunteer events and meet other volunteers.